

Vegetarian

80	Vegetables & Oyster Sauce.....	22
81	Vegetables & Satay Sauce.....	22
82	Spicy & Pepper Deep Fried Tofu	25
83	Tofu with Seasonal Vegetable	25

Omelette

84	Plain Omelette.....	21
85	Vegetable Omelette.....	22
86	Chicken Omelette.....	23
87	Prawn Omelette	27
88	BBQ Pork Omelette.....	27
89	Combination Omelette	27
90	King Prawn Omelette.....	31



Rice & Noodles

91	Boiled Rice.....	5
92	Fried Rice.....	18
93	Special Fried Rice.....	23
94	Vegetarian Fried Rice.....	18
95	Beef Stir Fried Rice Noodle.....	22
96	Singapore Noodle	22
97	Chicken Chow Mein.....	22
98	Beef Chow Mein.....	25
99	Combination Chow Mein	28
100	Seadfood Fried Rice	28
101	King Prawn Chow Mien.....	32



Dessert

102	Fried Ice Cream	10
103	Mango Pudding	10
104	Banana Fritter & Ice Cream.....	11

Banquet (minimum of 4 people)

A: \$35 /person

Mix Entree
Chicken Wings
Honey Chicken
Sizzling Mongolian Lamb
Satay Beef
Special Fried Rice

B: \$40 / person

Mix Entree
Chicken Wings
Sizzling Pepper Steak
Honey King Prawns
Beef in Oyster Sauce
Combination Chow Mein
Special Fried Rice

C: \$45 / person

Mix Entree
San Choy Bau
Sizzling Pepper Steak
Honey King Prawns
Sizzling Mongolian Lamb
Satay Combination
Sizzling Steak
Chicken Chow Mein
Special Fried Rice

Food might have traces or nuts & gluten, please advise any special dietary requirement before order. Prices are subject to change without prior notice.
No split bill. Prices are GST included. Pictures are for illustration only.

Tingha Palace



香滿樓

Opening Hours

Lunch

Mon – Fri	11.00am – 3.00pm
Sat – Sun	10.30am – 3.00pm

Dinner

Mon – Thur	5:00pm – 9:30pm
Fri – Sun	5:00pm – 10:00pm

10% surcharge public holiday



Parramatta Leagues Club
1 Eels Place, Parramatta



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Chef's Suggestions

San Choy Bau (Chicken) (4)	20
Pan Fried String Beans with Minced Meat	25
Diced Fillet Steak with Black Pepper Sauce	32
Sizzling Mongolian Lamb	32
Fillet Steak in Chinese Style	32
Combination Satay Sauce	32
Combination XO Sauce	32
Combination Tofu Clay Pot.....	32
Combination Seafood Clay Pot.....	35
XO Pippies with Pan Fried Vermicelli	38
Peking Duck (1 course with pancake)	half 38
(2 courses with pancake & San Choy Bau)....	whole 78
Combination with a Chosen Sauce	32
(Szechuan / Curry / Chilli / Black Bean / Oyster / Garlic)	

Entree

1	Mixed Entree (3).....	10
2	Spring Roll (4) (Vegetarian or Pork)	12
3	Pork Buns (3)	12
4	Dim Sim (4) (Fried or Steamed).....	12
5	Prawn Cocktail.....	12
6	Steamed Prawn Gow Gee (4)	14
7	Salt & Spicy Chicken Wings (6)	15
8	Staty Chicken Skewers (4)	15
9	Crispy Sesame Prawn Rolls (4).....	15
10	Prawn Cutlets (4).....	18
11	San Choy Bau (Chicken) (4)	20
12	San Choy Bau (Pork) (4)	20



Soup & Laksa

13	Short Soup	10
14	Long Soup	10
15	Chicken Sweet Corn Soup	10
16	Crab Meat Sweet Corn Soup	11
17	Hot & Sour Soup	11
18	Combination Short or Long Soup	20
19	Chicken Laksa	20
20	Crispy Chicken Laksa	20
21	Beef Laksa	22

22	Combination Laksa	25
23	King Prawn Laksa	28



Chicken

24	Chicken with Honey Sauce	23
25	Sweet & Sour Chicken	23
26	Boneless Lemon Chicken	23
27	Chicken Black Bean Sauce	23
28	Chicken with Satay Sauce	23
29	Chicken with Curry Sauce	23
30	Chicken with Szechuan Sauce	23
31	Chicken with Mongolian Sauce	23
32	Chicken with Cashew Nut	23
33	Deep Fried Crispy Skin Chicken	23
34	Chicken with Garlic Sauce	23
35	Chicken with Oyster Sauce	23

Duck

36	Peking Duck (1 course with pancake)	half	38
	(2 courses with pancake & San Choy Bau)	whole	78
37	Deep Fried Duck with Plum Sauce		30
38	Steamed Duck with Crab Meat Sauce		30



Beef / Lamb

39	Satay Beef	26
40	Szechuan Beef	26
41	Curry Beef	26
42	Chilli Beef	26
43	Beef with Black Bean Sauce	26
44	Beef with Oyster Sauce	26
45	Beef with Cashew Nuts	26
46	Beef with Garlic Sauce	26

47	Sizzling Mongolian Beef	26
48	Diced Fillet Steak with Black Pepper Sauce	32
49	Fillet Steak in Chinese Style	32
50	Sizzling Mongolian Lamb	32

Pork

51	Sweet & Sour Pork	25
52	BBQ Pork Plum Sauce	25
53	Spicy Salt & Pepper Pork Ribs	25
54	Peking Pork Rib	25
55	Pork Rib & Honey Black Pepper Sauce	25



Seafood

56	Honey King Prawns	32
57	Spicy Salt & Pepper King Prawns	32
58	Sweet & Sour King Prawns	32
59	Szechuan King Prawns	32
60	King Prawn with Cashew Nuts	32
61	King Prawn in Ginger & Shallot	32
62	King Prawns with Satay Sauce	32
63	King Prawns with Curry Sauce	32
64	King Prawns with Garlic Sauce	32
65	King Prawn with Snowpea	32
66	Golden Sand Kng Prawn with Glassnoodle in Clay Pot....	32
67	Seafood Tofu in Clay Pot	35
68	Scallops with Satay Sauce	35
69	Scallops with Garlic Sauce	35
70	Scallops in Ginger & Shallots	35
71	Steamed Scallops in Shell with Ginger & Shallot (4)	35
72	Steamed Fish Fillet with Ginger & Shallot	35
73	Steamed Oyster with Ginger & Shallot (small/large each)	9/12
74	Spicy Salt & Pepper Squid	28
75	XO Pippies	58
76	XO Pippies with Pan Fried Vermicelli	68
77	Ginger & Shallot Lobster Tail with E-Fu Noodle	128
78	Crab with Ginger & Shallot Sauce (Pre order)	MP
79	Steam Live Fish (Pre order)	MP

