



MENU

STARTERS

GARLIC BREAD (v)

Garlic butter, parsley, Turkish loaf

\$8

Add cheese

\$2

BRUSCHETTA (v)

Tomato, basil, garlic, olive oil, pane di casa, balsamic glaze

\$11

PERI PERI FRIED CHICKEN

Lightly marinated buttermilk chicken tenders, flash fried in seasoned flour, peri peri mayonnaise, shallots, coriander

\$18

CALAMARI FRITTI

Lightly fried calamari, aioli, lemon

\$17

CHICKEN SATAY STICKS (5)

Grilled chicken breast skewers, satay sauce, roasted peanuts, coriander

\$19

TEMPURA PRAWN TACOS

Soft flour tortilla, iceberg lettuce, smokey tomato relish, pico de gallo, sour cream, guacamole

\$23

SALADS

THAI BEEF SALAD

120G rump steak, mesclun lettuce, cherry tomatoes, cucumber, Spanish onion, bean sprouts, carrots, Thai basil, coriander, roasted peanuts, Thai dressing

\$25

VIETNAMESE RICE NOODLE SALAD (v)

Vegetarian spring rolls, vermicelli rice noodles, carrots, cucumber, cherry tomatoes, bean sprouts, coriander, mint, crushed peanuts, Vietnamese dressing

\$20

CAESAR SALAD

Cos lettuce, garlic croutons, bacon, Grana Padano, creamy Caesar dressing

\$19

TOP YOUR SALAD

ADD GRILLED CHICKEN \$8

ADD CALAMARI FRITTI \$7

ADD TIGER PRAWNS (2) \$9

ADD SPRING ROLLS (4) \$4

V - VEGETARIAN

DF - DAIRY FREE

GF - GLUTEN FREE

Parra Leagues endeavours to accommodate requests from customers with food allergies & intolerances, however we cannot guarantee meals will be completely allergen-free. Membership tiered discount applies.

CLASSICS & MAINS

CHEFS ROAST OF THE DAY

Greek seasoned roasted vegetables, gravy

\$23

PANKO & PEPITA SEED CRUMBED CHICKEN SCHNITZEL

House made chicken breast schnitzel with your choice of two sides including fries, slaw, house made mash potato or vegetables and choice of gravy, pepper or mushroom sauce

\$24

TOP YOUR SCHNITZEL

Parmigiana - Double smoked ham, Napolitana sauce, mozzarella cheese

\$5

Hawaiian - Napolitana sauce, double smoked ham, pineapple, mozzarella

\$5

Boscaiola - Mushroom, bacon, garlic, cream sauce

\$5

JACKS BEER BATTERED FLATHEAD

Crispy flathead fillets, super crunch fries, salad, lemon, tartare

\$26

BBQ GLAZED PORK RIBS

Full rack pork ribs, smokey BBQ sauce, slaw, super crunch fries

\$49

EELS BURGER

Beef patty, pineapple, cheese, caramelised onion, lettuce, tomato, aioli on toasted milk bun, super crunch fries

\$22

Make it plant based

\$2

MISO GLAZED TASMANIAN SALMON FILLET

Honey soya soba noodle salad, lemon

\$33

NORTHERN TERRITORY HUMPTY DOO BARRAMUNDI FILLET (GF, DF)

Green paw paw, rice noodle salad, roasted peanuts, lemon

\$30

ASIAN STYLE PORK BELLY

Twice cooked pork belly, sticky caramel sauce, mint, apple, coriander, chilli, steamed Jasmine rice, broccolini

\$33

CHICKEN SCALLOPINI WITH PRAWNS

250G grilled chicken breast, creamy garlic prawns, house made mash potato, broccolini

\$29

SEAFOOD PLATE

Calamari fritti, Mooloolaba king prawn, Jacks beer battered flathead, scallop, fresh fillet of fish, super crunch fries, lemon, tartare

\$44

WOOD ROASTED CAULIFLOWER

Spiced cauliflower puree, raisin and pine nut dressing

\$21

1KG FRIED CHICKEN WINGS

Naked or with house-made Buffalo sauce, ranch sauce, coriander, shallots

\$20

LINGUINE PARRA

Pan-fried tiger prawns, tomato passata, cream, pesto, Grana Padano

\$27

BEEF TORTELLINI CARBONARA

Mushrooms, ham, creamy garlic sauce, Grana Padano

\$24

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FROM THE GRILL

All steaks are served with super crunch fries and salad or house made mash potato and Greek seasoned roasted vegetables and your choice of pepper, mushroom, gravy or jus

Cooked to order by our chefs or cooked at your table on 

250G GRAIN FED RUMP STEAK RIVERINA ANGUS MB2+ WAGGA WAGGA	\$32
300G SCOTCH FILLET MSA GRAINGE NSW	\$44
400G T-BONE STEAK MSA GRAINGE NSW	\$45

SIDES

SUPER CRUNCH FRIES (V)	\$9
GREEK SEASONED ROASTED VEGETABLES (V)	\$8
STEAMED JASMINE RICE (V)	\$6
GARDEN SALAD (V)	\$6
HOUSE MADE MASH POTATO (V)	\$6
EXTRA SIDE SAUCE	\$2

KIDS MEALS

(12 and younger)

KIDS CHEESEBURGER AND SUPER CRUNCH FRIES	\$14
KIDS FISH AND SUPER CRUNCH FRIES	\$14
KIDS NUGGETS AND SUPER CRUNCH FRIES	\$14
KIDS BEEF TORTELLINI CARBONARA	\$14
KIDS GRILLED CHICKEN TENDERLOINS, GREEK SEASONED ROASTED VEGETABLES (GF)	\$14

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