

The background of the entire page is a photograph of a man and a woman in a gym or sports hall. The man, on the right, is wearing a plaid shirt over a black t-shirt and is in a dynamic, forward-leaning pose with his right arm extended. The woman, on the left, is wearing a light-colored polo shirt and jeans, also in a similar pose. The lighting is dramatic, with a strong red and orange glow from the left, creating a sense of energy and movement.

▲  
**CORPORATE  
TRAINING  
& TEAM  
BUILDING**

CONTACT OUR FUNCTIONS TEAM TO BOOK: [FUNCTIONS@PARRALEAGUES.COM.AU](mailto:FUNCTIONS@PARRALEAGUES.COM.AU)

P: 02 8833 0777



# LUNCH MENU OPTIONS PER PERSON

## \$30.00 LIGHT LUNCH

- ASSORTED SANDWICHES & WRAPS
- ASSORTED CAKE SLICES
- SLICED SEASONAL FRUIT
- JUICE & SOFT DRINKS
- COFFEE & TEA

## \$40.00 EXECUTIVE WORKING LUNCH

- SELECTION OF GOURMET FILLED SANDWICHES & WRAPS
- SATAY CHICKEN SKEWERS
- ASSORTED MINI PIES
- ASSORTED CAKE SLICES
- SLICED SEASONAL FRUIT
- JUICE & SOFTDRINKS
- COFFEE & TEA

## ENTERTAINMENT RATES

ENTERTAINMENT RATES APPLICABLE TO A MINIMUM OF 15 ATTENDEES

• 1 GAME OF BOWLING	\$11PP	• SHARING PLATTERS	<b>FROM</b> \$40PP
• 1 GAME OF BOWLING & 1 XD DARK RIDE	\$16PP	• 2 HOUR SOFT DRINK PACKAGE	\$12PP
OPTIONAL OPEN BEVERAGE ACCOUNT			

CONTACT OUR FUNCTIONS TEAM TO BOOK: [FUNCTIONS@PARRALEAGUES.COM.AU](mailto:FUNCTIONS@PARRALEAGUES.COM.AU)

# ROOM HIRE

---

VENUE	HALF DAY	FULL DAY
RUMOURS	\$250	\$350
MOVERS OR SHAKERS	\$150	\$250
MOVERS & SHAKERS COMBINED	\$250	\$350

# COFFEE BREAKS

---

ARRIVAL TEA & COFFEE	ONE SERVING	\$4.50pp
CONTINUOUS TEA & COFFEE	HALF DAY	\$8pp
	ALL DAY	\$12pp
CONTINUOUS TEA, COFFEE & COOKIES	HALF DAY	\$12pp
	ALL DAY	\$16pp

# SHARING FOOD PLATTERS

SERVING SIZE 8-10 PEOPLE



## CRUDITÉS & DIPS (V) (GF) \$60

CARROTS, CAPSICUM, CELERY,  
CUCUMBER, CHERRY TOMATOES, HUMMUS,  
GUACAMOLE, TZATZIKI

## MEZZE (V) \$75

MIXED MARINATED OLIVES, FETTA,  
DOLMADES, PICKLED VEGETABLES,  
HUMMUS, TZATZIKI WITH GRILLED BREAD

## ANTIPASTO \$140

SELECTION OF DELI MEATS, DOUBLE  
SMOKED HAM, SALAMI, PROSCIUTTO,  
PASTRAMI, MARINATED OLIVES, PICKLES,  
BAROSSA BARK, WAFERS

## HOT HABANERO CHICKEN WINGS \$70

1.5KG – SERVED WITH CLASSIC RANCH  
SAUCE

## HOUSE MADE PIZZAS (V) \$70

INCLUDES 3 X 11" PIZZAS (8 SLICES PER  
PIZZA) PIZZA CHOICES: MARGHERITA,  
HAWAIIAN, BBQ CHICKEN, SUPREME, MEAT  
LOVERS, PEPPERONI OR VEGETARIAN

## CHICKEN RICE PAPER ROLLS (GF) (20PCS) \$95

## VEGETARIAN RICE PAPER ROLLS (GF, V) (20PCS) \$95

## CHICKEN NUGGETS \$55

1KG – SERVED WITH TOMATO SAUCE

## CHICKEN SKEWERS (24PCS) \$90

SERVED WITH SATAY SAUCE

## LAMB SKEWERS (24PCS) \$95

SERVED WITH TZATZIKI

## BEEF SKEWERS (24PCS) \$95

SERVED WITH MUSTARD

## MINI BEEF SLIDERS (20PCS) \$100

## SEAFOOD PLATTER \$160

SELECTION OF TEMPURA BATTERED FISH  
FILLETTS, SALT & PEPPER SQUID, PRAWN  
TWISTERS, FISH CAKES, SCALLOP BITES  
AND CHIPS

## MEAT PLATTER \$190

LAMB, CHICKEN AND BEEF SKEWERS,  
RODRIGUEZ PORK CHORIZO, SPICY  
CHICKEN WINGS, ITALIAN MEAT BALLS,  
POTATO WEDGES AND CONDIMENTS

## HOT POTATO CHIPS (V) 1.5KG \$40

SERVED WITH AIOLI AND TOMATO SAUCE

## WEDGES (V) \$45

1.5KG – SERVED WITH SWEET CHILLI SAUCE  
AND SOUR CREAM

## GOURMET BEEF MINI PIES \$65

(24PCS) SERVED WITH TOMATO AND BBQ  
SAUCE

## MINI SAUSAGE ROLLS \$65

(24PCS) SERVED WITH TOMATO AND BBQ  
SAUCE

## MINI VEGETABLE SPRING \$60

ROLLS (V) (48PCS)  
SERVED WITH SWEET CHILLI SAUCE

## SPINACH AND CHEESE TRIANGLES (V) (24PCS) \$60

## ASSORTED MINI QUICHES \$70

(24PCS) SPINACH AND CHEESE/ BACON  
WITH ONION

## CRISPY VEGETABLE GYOZA \$55

DUMPLINGS (30PCS)

SERVED WITH SOY SAUCE

## PRAWN TWISTERS (24PCS) SERVED \$85

WITH SWEET CHILLI SAUCE

## CLASSIC ASSORTED \$90

SANDWICHES (48PCS)

SELECTION OF HAM, TOMATO & CHEESE/  
CHICKEN AND MAYO/ EGG AND LETTUCE/ PERI  
PERI CHICKEN/ ROAST BEEF/ ITALIAN CLUB/  
SALAD

## CHEESE PLATTER (V) \$90

4 ASSORTED AUSTRALIAN CHEESES  
ACCOMPANIED WITH CRACKERS AND  
CONDIMENTS

## FRUIT PLATTER (V) (GF) \$75

SEASONAL FRUIT

## CHURROS (V) (30PCS) \$65

SERVED WITH CHOCOLATE SAUCE

## MINI BOUTIQUE CUPCAKES (V) \$45

(12PCS)

## ASSORTED MINI MUFFINS (V) \$45

SHOULD YOU HAVE ANY SPECIAL DIETARY REQUIREMENTS OR ALLERGIES, PLEASE INFORM YOUR EVENT COORDINATOR. WE WILL ENDEAVOUR TO ACCOMMODATE YOUR DIETARY NEEDS, HOWEVER DUE TO THE POTENTIAL OF TRACE ALLERGENS, WE CANNOT GUARANTEE COMPLETELY ALLERGY-FREE DINING EXPERIENCES. PLEASE NOTE THAT THE MENU AND PRICING ARE SUBJECT TO CHANGE. \*NON-MEMBERS PRICE. MEMBERS' DISCOUNTS APPLY.